



Dear VMDT,

In this issue, Sue Stillman and Julie Schulz have given us a couple of great ways to get out and have fun with our kids!

Included:

- Urban Expedition: Vietnam!
- AdoptWalk
- Favorite Vietnam Blog

However, if you're feeling like a good read is more in order, check out Caroline Ticarro-Parker's favorite Vietnam blog.

Nancy

Urban Expedition: Vietnam!

Submitted by Sue Stillman

<http://www.landmarkcenter.org/events.html#20070415>

April 15th from 1-3 p.m. FREE!

Urban Expedition: Vietnam!

Landmark Center (75 West 5th Street, Saint Paul 651.292.3233)

Authentic Vietnamese music, dance, foods, arts and crafts, and lore will all be on the program for Urban Expedition: Vietnam. Guests will sample traditional Vietnamese games, including Danh dua (a chopsticks game), Da cau (traditional hacky sack), and Bau cua ca cop (Tet game); acquire Year of the Pig temporary tattoos, make Tet greeting cards and lotus or dragon bookmarks; and learn about the complex history of the Vietnamese flags. The main stage will feature Lion and Dragon dancing, the Hoang Anh Dance group, storytelling, traditional zither performances, a fashion show, and Cuong Simon Phan, a monk from St. John's Abbey, will present his documentary, Mother Tongue, Father Land?

AdoptWalk

Submitted by Julie Schulz

(note: sign up forms with additional information are attached)

WHAT: 5K walk around Lake Nokomis, followed by a picnic for participants at the Lake Nokomis Community Center. AdoptWalk is a fundraising event for NACAC, providing an opportunity for grassroots participation by adoptive and foster families, parent groups, and the general public. It is also an awareness-raising event focusing on the need for permanent families for all children. Adoption-related resource materials will be available.

WHO: 200 to 300 walk participants including parent groups, adoptive and foster families, extended families, friends, co-workers, adoption professionals, and the general public.

WHERE: Lake Nokomis walkways and Community Center

Registration: Nokomis Community Center
2401 E. Minnehaha Parkway, Minneapolis, Minnesota

WHEN: Saturday, May 19, 2007
Registration begins at 9:00 a.m.
Walk begins at 10:00 a.m.; picnic from 11:00 a.m. to 1:00 p.m.

WHY: Participants show their support for waiting children who dream of finding loving, permanent homes. Funds raised contribute to NACAC's work to support and train adoptive parents, educate adoption professionals, and provide services and information to families who have adopted children with special needs.

My Favorite Vietnam Blog

Submitted by Caroline Ticarro-Parker

<http://chao-vietnam.blogspot.com/>
